



*Monmouth*  
**ACTS**  
ASSISTING COMMUNITY THROUGH SERVICES

**WE'RE LISTENING:  
732.542.6422**



**We're helping  
Monmouth County  
residents navigate  
the COVID-19 crisis.**

In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth ACTS, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide up to 6 telephone emotional support sessions.



**Whether you need guidance, resources, mental health support, or just someone to talk to, we are here for you.**  
Call 732.542.6422 Monday - Friday from 9 a.m. to 5 p.m.

**STAY SAFE. STAY WELL. STAY CONNECTED.**